



Puberty: Simply Explained Series

A unique puberty-ed curriculum that allows for individualized instruction



For schools that want a comprehensive puberty-ed curriculum that includes more than just showing a DVD, *Puberty: Simply Explained* is the answer. This series uniquely combines a 30 minute DVD presentation (animated with graphics and sound effects that have a feel of surfing a cool web site), along with an 8.5x 11, colorful, easy to read text book that matches the DVD's content, exactly. Each product has one for "boys" and one for "girls."

While these products work as stand-alone curriculums, together they allow the instructor to go into as much detail as the (multiple) class-time allows. Creators suggest first showing the DVD- while students follow along in the text book- then re-visit each "module," one-by-one, allowing for more detailed information, questions, and discussion.

Modules covered include:

For Boys

1. Voice Changing
2. Hygiene/Sweating
3. Acne
4. Pubic Hair
5. Shaving
6. Circumcision/Erections
7. Testicles/Ejaculation/Wet Dreams
8. Emotions

For Girls

1. Hygiene/Sweating
2. Acne
3. Pubic Hair
4. Shaving
5. Breast Development/Bras
6. Menstruation
7. Emotions